

EAT. DRINK. SOCIALIZE.

LAKESIDE CAFÉ

Monday - Friday
Breakfast: 7:30 am - 9:00 Am
Lunch: 11:00 am - 1:30 pm

WEEK OF APRIL 22



RISE & SHINE

WEEKLY BREAKFAST SPECIALS

includes choice of side

blt cheddar biscuit sandwich with bourbon bacon jam 5.50
power up breakfast burrito 6.50

MON

EARTH DAY: FIT TOFU (V) OR CHICKEN PAD THAI WITH PEANUTS 8.40

choice of FIT thai tofu (V) or chicken pad thai with scallions, carrots, green beans and rice with peanuts in a spicy thai peanut sauce

TUES

EARTH WEEK CHEF TABLE: BBQ CARROT 8.40

sweet jalapeno zucchini salsa over mashed avocado with corn tortillas

WED

FOODWORKS: EAST COAST EATZ

THURS

CHEF'S TABLE SHOWDOWN! STOP FOOD WASTE CHALLENGE 11.00

chicken or seitan and purple rice or steamed white rice topped with fresh vegetables, egg, and your favorite asian sauce

FRI

STREET EATS: WINGS 10.00

choice of rotisserie rubbed or kansas city bbq chicken wings served with carrot and celery sticks, baker chips, and choice of dressing

WEEKLY FEATURES

AVAILABLE ALL WEEK

FLAME GRILL SPECIALS

includes choice of side

grilled portobello with cucumber yogurt sauce on brioche 8.40
grilled salmon sandwich with kale apple 8.95
horseradish slaw on wheat thin bun

BUTCHER AND BAKER SPECIALS

includes choice of side

chickpea salad sandwich on multigrain 7.70
turkey club with asparagus steam pesto 8.00

SWAP YOUR SIDE

FIT bbq roasted potato wedges

FIT quick pickled carrots (VG)

SOMETHING DELICIOUS AWAITS YOU

SOUPS

MONDAY

garden vegetables
chicken and dumpling

TUESDAY

beef barley
corn chowder

WEDNESDAY

broccoli and cheese
chicken noodle

THURSDAY

tuscan wedding
curried vegetable

FRIDAY

tomato basil
loaded potato

CONNECT WITH US



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